



Kit List for Navigation Training

Compass

Preferably a compass with a 1:25,000, 1:50,000 romer scale and degrees on outside of bezel.

This is ideal... (Silva Expedition 4 (non-military))



OS EXPLORER MAP O16

Wear

- Base layer: T-shirt, preferably synthetic, outdoor/sports top (not cotton)
- Mid layer: light fleece top
- Walking Trousers (Not Jeans or tracksuit bottoms)
- Waterproof Jacket with full zip and hood (lightweight, not insulated, not ski jacket)
- Hiking socks
- Walking Boots (waterproof)/ walking shoes

Carry

- Rucksack with chest and waist straps
- Waterproof Trousers
- Hat
- Warm Jacket (Synthetic preferably)
- Pairs of gloves (x2 in Winter)
- Water bottle/Flask
- Food/snacks (plus emergency food)
- Camera/phone
- Headtorch (spare batteries)
- Personal medication (Also inform us where to find this if needed in emergency)
- Map Case
- First Aid Kit – blisters etc.